



Moment of Humour

The Moment of Humour consists of a short funny story, comment or humorous reflection upon life that is meant to entertain the audience. It can even take the form of a poetry reading, magic tricks, or a song - anything that will provide amusement and enable the audience to relax.

Speaking



Arrive by

5:50PM

Leadership



Speaking Time

1 min

Organization



Before the meeting

- *Prepare or look for funny content to share*

During the meeting

- Wait for chairperson to invite you to the stage
- Shake hands with the chairperson when arriving on the stage
- Present a moment of humour
- Shake hands with the chairperson when leaving the stand

Important Note

- Toastmasters are people with diverse beliefs and backgrounds. **We avoid potentially controversial subjects such as religion, politics, ethnic background and sex.** Of course, the humour should be in good taste and free of any questionable language.
- While this may seem restrictive, there are many jokes out there that fit the bill admirably. There are many humorous stories that may be adapted for Toastmasters meetings. Many good humorists often take a joke and then personalize it to suit them and their audience.



- *You'll find your delivery of the Moment of Humour much more effective when it is presented without notes. If needed, use a small cue card instead of a sheet of paper.*
- *Try practicing your moment of humour in front of your mirror*